



Year	RSE Learning Objectives
Group	
EYFS	Pupils learn to identify emotions from facial expressions.
	Pupils will learn about why people feel different emotions.
	Pupils learn to identify external (nonsexual) body parts.
	Pupils learn to think about growing up and changing.
	Pupils learn to discuss development at different stages.
	Pupils learn about the differences between adults and children.
Year 1	Pupils learn that they belong to different kinds of groups and their roles within these groups
	Pupils learn to identify people who are special to them
	Pupils learn about people in the community who help them and what they do
	Pupils learn about the similarities and differences between people
	Pupils learn about how someone might feel if they are different from others around them
	Pupils learn to explore how they change as they grow up
	Pupils learn about friendship and how to be a good friend
	Pupils learn about families and how family members care for each other
	Pupils learn how emotions affect us





	Pupils learn about being scared and keeping safe
	Pupils learn who can help them and who to ask for help
Year 2	Pupils learn to understand and respect the similarities and differences between people
	Pupils learn the biological differences between males and female animals and their role in the life-cycle
	Pupils learn the biological differences between male and female children
	Pupils learn about growing from young to old and that they are growing and changing
	Pupils learn that everybody needs to be cared for and ways that they can care for others
	Pupils learn about different types of family and the ways their home-life is special
Year3/4	Pupils learn about the way they grow and change throughout the human life cycle
	Pupils learn about the physical changes associated with puberty
	Pupils learn to recognise their own worth as individuals and to challenge stereotyping
Year 5	Pupils learn about the way we grow and change throughout the human life-cycle
	Pupils learn about the physical changes associated with puberty
	Pupils learn about menstruation and wet dreams
	Pupils learn about the impact of puberty on physical hygiene and develop strategies for managing this
	Pupils learn how puberty effects emotions and behaviour and strategies for dealing with the changes associated with puberty
	Pupils learn strategies to deal with feelings in the context of relationships
	Pupils learn to answer questions about puberty with confidence and to seek support and advice when they need it
Year 6	Pupils learn about the changes that occur during puberty







Pupils learn about human reproduction in the context of the human life-cycle

Pupils learn how a baby is made and grows (conception and pregnancy)

Pupils learn to explore some common myths and misconceptions about who HIV affects and how it can and cannot be transmitted

Pupils learn the risk of transmitting HIV during sexual intercourse can be reduced if a condom is used

Pupils learn that contraception can be used to stop a baby from being conceived

Pupils learn about when and why we should talk about our problems, why we have rules and law in society and about what Female Genital

Mutilation (FGM) is and why it is illegal.