



| <i>Day / Time</i> | <i>Sport</i> | <i>Lead (if needed)</i> | <i>Equipment</i> | <i>Notes</i> |
|-------------------|---|-------------------------|---|------------------|
| Thursday | | | | |
| 2-3 | Whole school running | DW | | Daily mile track |
| 3-4 | Athletics – Running races Hurdles Throwing Relay Sack race Water sponge relay Tug of war | Staff | Hurdles Rockets Relay batons Whistle Sponges buckets | Set up on field |
| 4-5 | Children's swim (x2 groups of 10) Adult - Skipping | DW – swim +1 | Skipping ropes | Pool Field |
| 5-6 | Rounders | Danny | Posts Bats Ball | Field |
| 6-7 | Tennis | Nicki | Nets Rackets Balls | Playground |
| 7-8 | Bubble Football | Danny | | Field |
| 8-9 | Netball - dance | DW | | Playground |
| 8.30-9.30 | Nerf Wars | Danny | | Field |
| 9-10 | Aerobics in the water | Nicki | music | Pool |
| 10-11 | Glow in the dark Dodgeball | Danny | | Field |
| 11-12 | Length swimming | DW | | Pool |